

# **PALS Pre-Course Instructions (Required!)**

This document provides instructions for how to prepare for your PALS course, and how to access the <u>REQUIRED</u> PRE-COURSE TEST THAT <u>MUST BE COMPLETED PRIOR TO</u> <u>CLASS</u>.

#### **Address for Class:**

CPR Indianapolis 2201 East 46th St (Go Upstairs) Indianapolis, IN 46205

#### **Arrive on Time:**

Please plan to arrive on time because it will be difficult for late students to catch up once we start. Students are expected to attend and participate in the entire course. If you arrive later than 20 minutes after class start time you will be asked to reschedule.

#### How to Prepare:

- Review and understand the information in your PALS Provider Manual. Please review all the sections throughout the manual.
- Pay particular attention to the following sections below listed in the table of contents:
  - Review of BLS and AED for infants and children
  - The Systematic Approach to the seriously ill or injured child using the evaluateidentify-intervene sequence
  - Recognizing and Managing Cardiac Arrest
  - o Recognizing Respiratory Distress and Failure
  - o Managing Respiratory Distress and Failure
  - Recognizing Shock
  - Managing Shock
  - Recognizing Arrhythmias
  - Managing Arrhythmias
  - Post Cardiac Arrest Care
- Throughout the PALS provider manual there are treatment algorithms. There is one for each specific condition/emergency. Become familiar with all the treatment algorithms throughout the PALS Provider Manual.
- You will be expected to recognize cardiac rhythms and understand PALS pharmacology. These topics are not taught in this course.



# You Must:

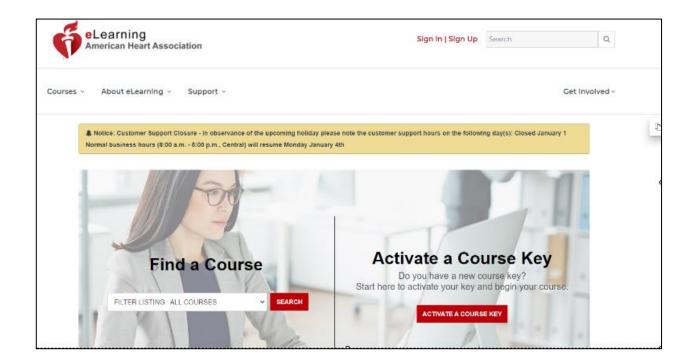
- 1. Complete and Print your required Pre-course Self-Assessment.
- 2. Score a **70% or higher** on your Pre-course Self-Assessment in order to attend class.

# How to Create an Account with the AHA, Access, and Complete Your Required Pre-course Self-Assessment

## <u>Step #1</u>

Create an eLearning account with the AHA. Go to <u>https://elearning.heart.org</u> If you already have an AHA account then login. If you **DO NOT** have an AHA account, click on the top right where it says, "Sign up". Then "Create and Account" as a New User, and Sign In.

## **\*SAVE YOUR ACCOUNT LOGIN INFORMATION!**





#### **Step #2**

After you have logged in, this is what should appear on the screen. This will bring up all the courses offered in eLearning. Scroll Down and locate the course that says **"PALS Pre-course Assessment"** and hit **LAUNCH THIS COURSE**. (NOTE: <u>do not</u> select "PALS Pre-Course Assessment and <u>Pre-course Work</u>)

**IMPORTANT!** If you are being prompted to watch videos you are in the <u>WRONG</u> precourse assessment course.

(Course code is KJ-1485)

American Heart Assoc	ciation	@ Sarah Sexs	on - Search	Q
ourses - About eLearning -	Suppo	rt ~		Get Involved ~
Course Catalog				HOME > COURSES
Apply Filter	E	Basic Life Support (BLS)		
CME/CE Credited Courses		HeartCode ® BLS (2015 Guidelines)	Price: \$28.50	PURCHASE
All Courses		The eLearning component of BLS biended learning, this course uses a variety of eLear eSimulations, animations, self-directed learning, and interactive activities to leach stud a		
Basic Life Support (BLS)				
Instructor Training		COURSE DETAILS CME/CE credits offered Hands On Session		
Instructor Updates		Heartcode BLS Online	Price: \$31.00	
Heartsaver	2		Price: \$31.00	PURCHASE
		HeartCode® BLS Online is a self-directed, comprehensive el earning program that use		
FirstAid	2	learners to acquire and demonstrate Basic Life Support skills using a personalized lea		
First Aid CPR & AED for Non-Healthcare Professionals	8		ming path that adapts in re- d Basic Life Support training	al time to a
CPR & AED for Non-Healthcare		learners to acquire and demonstrate Basic Life Support skills using a personalized learner's performance. The program is designed for healthcare professionals who nee	ming path that adapts in re- d Basic Life Support training	al time to a
CPR & AED for Non-Healthcare Professionals		learners to acquire and demonstrate Basic Life Support skills using a personalized lea learner's performance. The program is designed for heathcare protessionals who nee duties. HeartCode& BLS Online consists of a cognitive portion that is completed online COURSE OFTAILS CARE/CE credits offered	ming path that adapts in re- d Basic Life Support training	al time to a
CPR & AED for Non-Healthcare Professionals Skills Session Required		learners to acquire and demonstrate Basic Life Support skills using a personalized lea learner's performance. The program is designed for heathcare protessionals who nee duties. HeartCode® BLS Online consists of a cognitive portion that is completed online	ming path that adapts in re- d Basic Life Support training	al time to a



## <u>Step #3</u>

After you launch the course, this is the screen you will see next. Click **START** to begin the assessment. Please note, you can save and return to complete the pre-course assessment at any time. You do NOT have to complete this in one session. You must save your login information to access your course again.

eLearning American Heart Associati	on	@TEST TEST ~	Search	Q
Courses ~ About eLearning ~ S	upport ~		Get Invo	lved ~
PALS Precourse Self-Assess	ment		HOME > CLASSES > LAUNCH COURSE	
Start Date: 01/04/2021 - End Date : 01/0	4/2023		Resources	
Welcome to the PALS Precourse Self-Assessment.		VIEW ALL LEARNING RESOURCES		
	Things to know before taking this course:		Support	
All students must complete the Precourse Self-Assessment and achieve a score of at least 70% before taking the PALS Course. Students must print their scoring report and bring it with them to class.			Course Help	
Click the START button below to begin.			Technical Requirements	
		Troubleshooting		
Course Certificate				



#### <u>Step #4</u>

After you have completed the pretest, **you must print this page** with your score. Please see the red highlighted area that says "Review". Here you can see what you missed. After reviewing what was missed, Click the red Certificate icon to print your completion certificate.

ACLS Frecourse Sell-Assessment		You can exit your exercise by dicking on this link $\gg$ EeX. Exercise Take No
🌴 Advance	ed Cardiovascular Life Support   Self Assessment Results	
	Precourse Self-Assessment Results	
	Congratulations!	
	Congratulations, you have passed the Advanced Cardiovascular Life Support Precourse Self Assessment with a score	of
	97%	
	Review Continue	
	Select the Print button to save or print your score report and submit it to your instructor before class.	
	Select Exit Exercise in the top-right comer of the screen to return to the course's home page where you will need to print you completion certificate.	Print
	Both the score report and completion certificate should be submitted to your instructor before class.	
	Scores for Major Testing Areas	
	This preclause self-assessment has 3 sections covering these major testing areas	
	The Rhythm Identification section lested your ability to identify the basic core rhythms used in the ACLS Provider Course and written scored 95% on Rhythm Identification.	exam. You
	The Pharmacology section tested your ability to identify drugs used in clinical situations. You scored 95% on Pharmacology.	
	The Practical Application section tested your ability to identify a hydrm and then choose the correct action or drug, as you will be exp the learning stations and the Megacode Teeting Station. You scored 100% on Practical Application.	jecteś lo do in
	Scores for Disgnosis Questions	



## <u>Step #5</u>

Bring **both** the Pre-course Self-Assessment Result sheet above and your completion certificate shown here with you to class.

## **<u>YOU MUST</u>** have your Pre-course Self-Assessment to get your e-Card.



If you do not have a printer, you can do one of the following:

- 1) Take a picture of both documents with your smart phone and bring them to class.
- 2) Email the documents to our office.
- 3) Have your AHA login information with you on the day of class and print upon arriving to the training site.

If you have any questions prior to the class, please contact us at **317-527-1046** or email us at **info@certifyindy.com**. We look forward to seeing you for a stress free and fun PALS class!